



Victory's

Banner
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Restaurant

2100 W. Roscoe
Chicago, IL 60618
773-665-0227

www.victorysbanner.com

Open Daily 8:00am - 3:00pm
Closed Tuesdays

Beautiful **Breakfasts** ☀️ Fresh **Lunches Salads Soups** ☀️ Great **Coffee**

Eggs & Scrambles

Served all day

All our egg dishes and omelettes are made with **Phil's Free Range Eggs**
Our Hearth Bread is a multi-grain bread from Red Hen

Satisfaction-Promise \$9.45
Our most popular egg dish. 2 eggs scrambled with spinach, pesto, sun-dried tomatoes and feta. (potatoes/bread)

Healthy Scramble \$8.75
2 eggs scrambled with marinated tofu and your choice of 2 veggies, served with brown rice and hearth bread

Egg & Sausage Bagel Sandwich \$8.75
2 scrambled eggs, veggie cream cheese, and Soy Sausage on a toasted bagel of your choice. Add a veggie for .75

Breakfast Burrito \$9.55
A tortilla stuffed with 2 scrambled eggs, mushroom, red onion, red peppers, gouda, black beans and sour cream. Organic salsa & brown rice on the side (No bread)

Tofu Scramble \$8.55
Grilled marinated tofu sauteed with your choice of 2 veggies

Eggless Wonder \$9.25
Marinated tofu with broccoli, onion, tomato, mushroom, zucchini, potato, goat cheese and brown rice, served with hearth bread (No side potatoes)

Eggless Wonder #2 \$9.45
Like the original except replace goat with feta and add pesto!

2 Any ole' \$5.85
2 eggs as you like `em (potatoes/bread)

Make your own Scrambles \$5.85 + .75 each item
2 scrambled eggs + choose from: *\$1.30 each item
◇\$1.55 each item

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|-----------|---------------------|---------------------------|----------------------|
| Onions | Fresh Spinach | Goat Cheese* | Organic Tofu◇ |
| Tomatoes | Garlic | Feta Cheese* | Soy Sausage◇ |
| Mushrooms | Basil Pesto* | Smoked Dutch Gouda* | Stripples-Soy Bacon◇ |
| Zucchini | Caramelized Onions* | Sharp Australian Cheddar* | Veggie Chicken◇ |
| Broccoli | Sun-Dried Tomatoes* | Organic Salsa* | |

Omelettes

Our omelettes are served with our Hearth bread and potatoes

The Greek \$8.95
Fresh spinach and feta

The Steverino \$10.15
Caramelized onions, grilled red peppers and goat cheese!

Broccoli and Cheddar \$8.95
Fresh broccoli flowers and Australian cheddar...a classic!

Veggie Delight \$9.65
Mushrooms, onions, tomato and zucchini. Try it with veggie cream cheese for \$1.30 more.

Pesto and goat cheese \$9.55
Home-made pesto and goat cheese has made this a favorite

The Curry Omelette \$9.95
Curried tomatoes, onions, mushrooms, and apple chutney

Bacon, Cheddar and Tomato \$10.25
Pieces of grilled soy bacon with tomato and cheddar

Sausage and Smoked Gouda \$9.95
Chunks of soy sausage with smoked Dutch Gouda cheese

Make your own
Go ahead...you be the chef. Choose from any of the ingredients listed under scrambles \$7.55 + item price

~Tofu instead of eggs or egg whites \$1.55 extra~
~Bagel and cream cheese substitute for bread-1.25 extra~

French Toast

- Victory Banner's Award-Winning French Toast** \$7.75
And we mean it. Selected a must have in our first restaurant by the Chicago Tribune w/ peach butter and real maple syrup
- Raspberry French Toast** \$9.45
Our French Toast with raspberry sauce and powdered sugar

Pancake Panache

- All our pancake dishes are made with our Oat Bran pancakes
- Oat Bran Pancakes** \$6.55
No tricks, straight up
- Pancake Delight** \$9.25
2 cakes with a ring of yogurt & granola with raspberries in the center. Awesome.
- Apple-Pecan Pancakes** \$8.95
Our Oat Brans with toasted pecans & cinnamon- apples
- Chocolate Chip Pancakes** \$7.95
With whip cream \$8.95
Kids portion \$6.45
- Raspberry Cakes** \$8.45
Pancakes chock full of raspberries
- Banana-Walnut Cakes** \$8.95
Stuffed with banana slices and toasted walnuts

The Breakfast Combo

#1: 2 eggs + a single piece of French Toast \$7.95

#2: 2 eggs + short order of Pancakes (2) \$7.95

Apple-Pecan, Chocolate Chip, or Raspberries-add \$1.95

Waffle World

Served with REAL maple syrup

- Belgian Waffle** \$6.75
When was the last time you had a really good buckwheat waffle, served with real maple syrup?
- Apple-Pecan Waffle** \$9.25
Topped with cinnamon-baked apples and pecans
- Ultimate Waffle** \$10.25
Topped with fresh seasonal fruit and whipped cream
- Chocolate Chip Waffle** \$8.75
With whipped cream

Cereals, Fruit, et.al.

Uppama \$7.95
Try something new...India's answer to cream of wheat~ a savory hot cereal with peas, tomatoes, onions and spices, served with coconut chutney and yogurt

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|--------------------|--------|--|--------|
| Granola | | Hot Oatmeal <small>cooked in milk</small> | |
| plain | \$4.95 | Includes 1 item: | \$4.95 |
| with fresh fruit | \$6.65 | Raisins, Cinnamon-apples | |
| with yogurt | \$6.65 | Pecans or Walnuts | |
| yogurt and fruit | \$7.95 | 2 items \$5.45, 3 items \$5.95 | |
| Fruit Salad | | Yogurt | |
| bowl | \$5.25 | cup | \$3.95 |
| cup | \$4.25 | ramekin | \$1.75 |
| ramekin | \$1.95 | | |

Lunch served after 11am

Homemade Soup/Combos

- Soup** cup \$3.25 / bowl \$4.75
Check the special menu for our homemade soup
- Soup and Salad Combo** \$8.95
A cup of soup and small salad of your choice!
- Peasant's Lunch** \$8.45
A bowl of soup and two slices of bread warmed with goat cheese and pesto

Tossed Salads

Our salads start off with a mix of chopped romaine leaves and baby field greens. They come pre-tossed with a homemade salad dressing, unless you request otherwise. Served with hearth bread.

- Greek** Large/Small \$9.55/6.65
Cucumber, tomato, red onion, black olives and feta cheese over mixed greens, tossed with our fresh lemon-basil dressing
- Garden** \$9.75/6.65
Mixed greens and spinach with shredded carrots, beets, avocado, tomato and cucumber, tossed in a creamy vegan Lemon-Tahini dressing
- Spinach** \$9.55/6.55
Fresh spinach leaves, chopped walnuts, goat cheese and dried blueberries, tossed in a walnut oil-champagne vinaigrette dressing
- Spring Chicken** \$10.25/7.55
Grilled veggie chicken, tomato, cucumber and walnuts, tossed in our mango-lime dressing

Dressings:

Mango-Lime, Creamy Lemon-Tahini (vegan), Walnut oil-Champagne Vinaigrette, Lemon-Basil

Burger World

w/ grilled potatoes, mashed potatoes and mushroom gravy, brown rice or black beans. Any can be made VEGAN upon request.

- Bliss Burger** \$8.25
Our homemade veggie burger, made from grains, veggies and spices, topped with greens, tomato, grilled red onion and a tamari-mayo spread. Add cheese... \$1.30 more
- Bacon Cheeseburger** \$9.55
Our veggie burger topped with grilled soy bacon and melted cheddar, plus greens, tomato, red onion and a tamari-mayo spread
- Southwest Burger** \$9.35
Our veggie burger served with sauteed mushrooms, melted cheddar, and a tangy special sauce, plus greens, tomato, red onion and a tamari-mayo spread
- Nouvelle Burger** \$9.35
Our veggie burger served with caramelized onions and goat cheese, along with greens, tomato, and a tamari-mayo spread

Cheeses:

Goat; Smoked Dutch Gouda; Feta; Australian Cheddar

Wraps

- w/ grilled potatoes, mashed potatoes and mushroom gravy, or brown rice. Any can be made VEGAN upon request
- Blackened Chicken Wrap** \$9.85
Cajun blackened veggie chicken with mixed greens, tomato, avocado, onion and cheddar spiced up with a chipotle sauce in a warm tortilla wrap. Scrumptious!
- The BLT Wrap** \$9.75
Veggie bacon, mixed greens, tomato, cheddar, avocado and onion, wrapped with our chipotle sauce. Yummy!
- Smoky Chicken Wrap** \$9.85
Veggie chicken chunks grilled with soy bacon and red onions, smoked Gouda and tomatoes, wrapped up with mixed greens and a tangy special sauce
- Coconut-Peanut Veggie Wrap** \$9.25
Broccoli, red pepper, mushroom, onion and zucchini simmered in a coconut-peanut sauce with grilled tofu and brown rice
- Curry Wrap** \$9.25
Curried tofu and veggies: broccoli, spinach, tomato, zucchini, onion, and mushroom wrapped with sour cream, apple chutney and brown rice
- Brahma Burrito** \$8.75
The ultimate Burrito...black beans with extra veggies - mushroom, red peppers, red onions, zucchini, smoked Gouda, brown rice and sour cream. Served with organic salsa on the side

Neatloafs

- Neatloaf Dinner** \$9.45
The internationally acclaimed Neatloaf! A combination of grains, cheeses, tofu, rice and spices. Topped with Neatloaf sauce and served with homemade mashed potatoes and mushroom gravy
- Neatloaf Sandwich** \$8.95
Our homemade Neatloaf on hearth bread with field greens, tomato, tamari-mayo and Neatloaf sauce. Your choice of rice, mashed potatoes or grilled potatoes

Sides & Extras

- Bagels: Plain, Sesame Seed or Onion** \$1.75
- Bagel with Plain or Veggie Cream Cheese** \$2.65
- Hearth Bread** \$1.25
- Brown Rice** \$1.55
- Grilled Potatoes** \$2.05
- Mashed Potatoes & Gravy (Lunch)** \$2.55
- Soy Sausage** \$3.35
- Stripples - Soy Bacon** \$3.45
- Marinated Tofu** \$3.05
- 1 egg/2 eggs** \$1.55/\$3
- Sauteed Veggies** \$3.95
- Sliced Tomatoes** \$1.65
- Mini Side Salad** \$3.65
- Bagel substitute for bread** 1.25 (cream cheese), .75 (butter)
- Peasant's Bread** \$4.15
- Whipped Cream** \$1.95

Coffees & Teas

Victory's Banner Custom Coffee or Decaf	\$2.95
enjoy a bottomless cup of our own roast	
Chai (Hot or Iced)	\$3.45
we make our own from scratch!	Bottomless \$4.75

Now Featuring Benjamin Teas!

See our tea menu on the half-page!

Organic Ginger - ssspicy!!!
Chamomile Tea - soothing...



Iced Teas: Raspberry, Green or Regular

All teas...\$2.85

To Go:

Coffee: Small-\$2.05 Large-\$2.55
Chai: Small-\$3.45 Large-\$4.25

We'll happily prepare a dish for you to meet any dietary requirements. Many of our dishes can be prepared without dairy for vegans - just ask for our vegan menu. Everything is available to go!

Hot..Beverages..Cold

Green Tea Cooler	\$3.25
iced green tea & grapefruit juice	
Fresh Squeezed Orange Juice	\$2.65 (sm), \$3.25 (lg)
Fresh Grapefruit Juice	\$2.65 (sm), \$3.25 (lg)
Bottled Natural Juices	\$2.25 (sm), \$2.85 (lg)
Cranberry, Mango, or Organic Apple	
Very Veggie Juice	\$2.25 (sm), \$2.85 (lg)
A natural V8 with tomato, carrot, celery, beet, parsley, lettuce, watercress and spinach	
Mango Lassi sweet yogurt drink	\$3.75
Coke, Diet Coke, Sprite	\$1.55
Milk	\$1.65
Chocolate Milk	\$1.95

Fresh Bake Goods

\$2.55 and up

Raspberry Cream Muffins, Double-chocolate Muffins (vegan), and Pumpkin Bread available daily. Check the special menu for other fresh desserts..

About Victory's Banner

A note from the owner:

You may be wondering just who we are! For me and all of those who work here, Victory's Banner stands as a spiritual expression. We exist for one reason, and one reason only...to serve you joyfully, and we do this in two ways:

First, during the day we offer the best food we can. Yes, we are vegetarian, but you won't miss the meat! We use the finest ingredients, like free-range eggs (no hormones-they taste better!), fresh fruit, real whipped cream and great coffee. We've attempted to make the atmosphere uplifting and peaceful. The saris are worn as a spiritual dress. Even the sugar packets offer an inspiring message!

In the evenings, we offer evenings of music, meditation and meditation instruction at Victory's Banner Bookstore, down the street at 2135 W. Roscoe. Again, these evenings are simply to provide tools of inspiration. There is no charge for these. You may call (773) 248-8500 for bookstore hours or to register for these classes.

As for myself, my bio reads "Chiropractor, Computer Consultant, author and lecturer," but more relevant to the restaurant...I have been a student of meditation and the Indian Spiritual Master Sri Chinmoy for 38 years. The restaurant is a reflection of the impact Sri Chinmoy has had on my life and is inspired by him. His philosophy encourages a sincere inner life with an active outer life. By meditating on the spiritual heart, he teaches, the seeker can discover his own inner treasures of peace, joy, light and love.

Any way that we can be of service, please let us know.

Pradhan Balter

We close three times a year..

We close in April and August for 10-12 days to take time out for spiritual retreat. We also close for a few days on October 11. Sri Chinmoy passed away on October 11, 2007 and we close to participate in memorial services to honor that occasion. Look for our closing dates at www.victorysbanner.com. You may also subscribe to our newsletter to receive information as to our closing dates and specials!

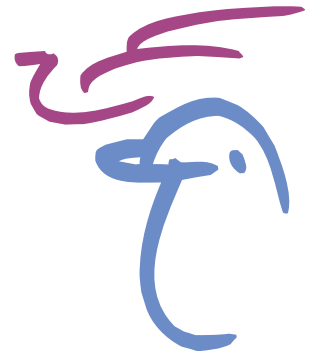
SOMETHING NEW!

We're planning on adding new things to our menu in 2013, and they start now. Give them a try and tell us what you think!

2 New Egg Dishes

Chilaquiles \$8.95
We featured this as a special 2 months ago, and received so many requests to make it a regular item...well, we listened. A traditional Mexican dish of scrambled eggs, corn tortilla strips, red salsa, topped with Chihuahua cheese and sour cream. Served with black beans on the side.

Pradhan's Over Easy \$7.25
This is Pradhan's morning meal about every day. 2 eggs over easy, covered with melted cheddar cheese, served with a side of pesto and brown rice.



Quesadillas

Our quesadillas are served with salsa, sour cream and a mini green salad.



Mexican Quesadilla \$8.65
A flour tortilla with melted cheddar cheese, red onion, red pepper and mexican spices.

Spinach and Mushroom Quesadilla \$8.75
A flour tortilla, toasted with melted Australian sharp cheddar with mushroom and spinach.

Make your own Quesadilla \$6.95
Go ahead and make your own. Price included a cheese of your choice. Then add ingredients as priced below:
.75 cents extra; * = 1.30 extra; ♦ = 1.55 extra

Onions	Fresh Spinach	Goat Cheese*	Organic Tofu♦
Tomatoes	Garlic	Feta Cheese*	Soy Sausage♦
Mushrooms	Basil Pesto*	Smoked Dutch Gouda*	Stripples-Soy Bacon♦
Zucchini	Caramelized Onions*	Sharp Australian Cheddar*	Veggie Chicken♦
Broccoli	Sun-Dried Tomatoes*	Organic Salsa*	