

B R E A K F A S T

French Toast

Victory Banner's Vegan French Toast \$7.95

So good, many "regular" French Toast eaters have switched! Made with coconut milk, cinnamon, vanilla, anise, cardamom and ginger. Served with vegan butter

Vegan Raspberry French Toast \$9.65

Our Vegan French Toast with raspberry sauce and powdered

Cereals, Fruit, et.al.

Vegan Hot Oatmeal cooked in soy milk or water \$4.95

Includes 1 item: Raisins, Cinnamon-apples, Bananas, Pecans or Walnuts: 2 items \$5.45, 3 items \$5.95

Granola	\$4.95	Fruit Salad	
plain	\$6.95	bowl	\$5.25
with fresh fruit	\$6.95	cup	\$4.25
with yogurt	\$8.25	ramekin	\$1.95
yogurt and fruit			

Vegan Tofu Scramble \$8.95

Grilled marinated tofu sauteed with your choice of 2 basic veggies (those under the .75 column). Feel free to change it up and we'll just adjust the price accordingly!

Vegan add-ons

Go ahead...you be the chef. Choose from any of the ingredients listed below:

Ⓢ.75 item	*\$1.30 item	Ⓢ\$1.55 item
OnionsⓈ	Caramelized Onions*	Organic TofuⓈ
TomatoesⓈ	Sun-Dried Tomatoes*	Soy SausageⓈ
MushroomsⓈ		Veggie ChickenⓈ
ZucchiniⓈ		□
BroccoliⓈ		Add Avo \$2.35
Fresh SpinachⓈ		

Vegan Eggless Wonder \$9.25

Marinated tofu with broccoli, onion, tomato, mushroom, zucchini, potato and brown rice, served with hearth bread (No side potatoes)!

Coffees & Teas

Victory's Banner Custom Coffee or Decaf \$2.95

Enjoy a bottomless cup of our own roast

Vegan Chai \$3.85

Served with your choice of Almond or Soy milk

Bottomless \$5.15

Now Featuring Benjamin Teas!

See our tea menu on the half-page!

Ⓢrganic Ginger - ssspicy!!!
 Chamomile Tea - soothing...



Iced Teas: Raspberry, Green or Regular

All teas...\$2.95

To Go:

Coffee: Small-\$2.25 Large-\$2.75
 Chai: Small-\$3.65 Large-\$4.45

Hot...Beverages...Cold

Green Tea Cooler \$3.25

Iced green tea & grapefruit juice

Fresh Squeezed Orange Juice \$2.75 (sm), \$3.35 (lg)

Fresh Grapefruit Juice \$2.75 (sm), \$3.35 (lg)

Bottled Natural Juices \$2.35 (sm), \$2.95 (lg)

Cranberry, Mango, or Organic Apple

Very Veggie Juice \$2.35 (sm), \$2.95 (lg)

A natural V8 with tomato, carrot, celery, beet, parsley, lettuce, watercress and spinach

Coke, Diet Coke, Sprite \$1.55

Fresh Bake Goods

\$2.75

Our Double-chocolate Muffins are vegan and yummy to boot!

Homemade Soup/Combos

Soup cup \$3.45 / bowl \$4.95
We regularly feature vegan soups. Check the special menu!

Soup and Salad Combo \$8.95
A cup of soup and small salad of your choice!

Tossed Salads

Our salads start off with a mix of chopped romaine leaves and baby field greens. They come pre-tossed with a homemade salad dressing, unless you request otherwise. Served with hearth bread.

Vegan Greek Large/Small \$9.95/6.85

Cucumber, tomato, red onion, and black olives over mixed greens, tossed with our fresh Lemon-Tahini dressing

Vegan Spinach Garden \$10.25/6.95

Mixed greens and spinach with shredded carrots, beets, avocado, tomato and cucumber, tossed in a creamy vegan Lemon-Tahini dressing

Vegan Spinach \$9.95/6.95

Fresh spinach leaves, chopped walnuts and dried blueberries, tossed in a walnut oil-champagne vinaigrette dressing

Spring Chicken \$10.55/7.95

Grilled veggie chicken, tomato, cucumber and walnuts, tossed in our mango-lime dressing

Dressings:

Mango-Lime, Creamy Lemon-Tahini (vegan),
Walnut oil-Champagne Vinaigrette

Burger World

w/ grilled potatoes, brown rice or black beans.

Vegan Bliss Burger \$8.55

Our homemade veggie burger, made from grains, veggies and spices, topped with greens, tomato, grilled red onion and a vegan spread.

Vegan Southwest Burger \$9.65

Our veggie burger served with sauteed mushrooms, melted cheddar, and a tangy special sauce, plus greens, tomato, red onion and a vegan spread

Wraps

w/ grilled potatoes, black beans or brown rice.

Vegan Blackened Chicken Wrap \$9.95

Cajun blackened veggie chicken with mixed greens, avocado tomatoes, onions and spiced up with a vegan chipotle sauce in a warm tortilla wrap. Scrumptious!

Vegan Coconut-Peanut Veggie Wrap \$9.75

Broccoli, red pepper, mushroom, onion and zucchini simmered in a coconut-peanut sauce with grilled tofu and brown rice

Vegan Curry Wrap \$9.45

Curried tofu and veggies: broccoli, spinach, tomato, zucchini, onion, and mushroom wrapped with apple chutney and brown rice

Vegan Brahma Burrito \$8.95

The ultimate Burrito...black beans with extra veggies - mushroom, red peppers, red onions, zucchini and brown rice. Served with organic salsa on the side